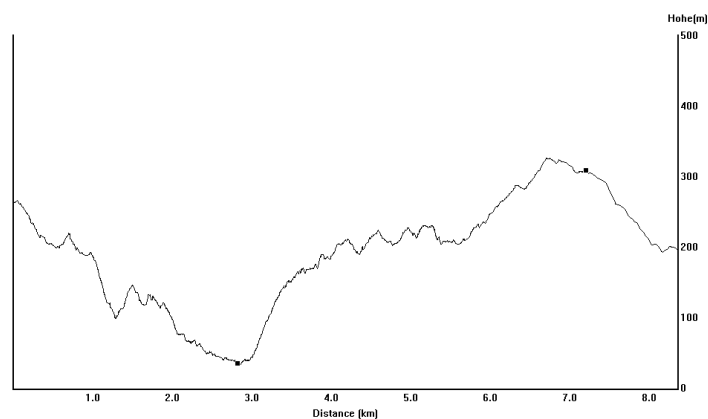




## Thursday, September 3, hiking tour through Anaga Mountains and picnic at the beach

The hiking tour through the Anaga Mountains takes us from Taborno (**point A** in the map on the last page, elevation: 650m, distance: 0km) to the little village of Afur (**point B**, 250m, 3km). From there, we follow a canyon down to the sea, where we start to follow the coastline at Playa del Tamadite (0m, 6km) to Taganana (200m, 11km). We have to take the road for the last two kilometers to the beach in Roque de las Bodegas (**point C**, 0m, 13km). Maybe, we can arrange that those coming to the picnic by car can pick up the hikers in Taganana.



Elevation profile between Afur and Taganana

### **Meeting points:**

- 10 a.m. at the bus stop in Taborno at **point A** (the points of interest are marked in the map on the last page). We recommend you to come by bus as the tour does not end at the starting point. We will also take the bus in La Laguna at 9:15 a.m. As some of you need to come by car, we will try to find someone who can take the drivers back to their cars in Afur and Taborno after the picnic.
- 12 noon at the bar in Afur (**point B**)
- 4 p.m. for the picnic at the beach in Roque de las Bodegas (**point C**)

**Please bring your provisions for the picnic and take the general advice regarding the hiking tours on the last page into account.**

### **By bus to Taborno:**

**From La Laguna:** Bus 75 leaves the bus station in La Laguna at 9:15 a.m. in direction of Las Carboneras/Taborno, arriving in Taborno at 10 a.m. (**point A**). Please note that the next bus in this direction leaves in the afternoon!

**From Puerto de la Cruz:** Bus 102 in direction of Santa Cruz leaves at 8:15 a.m. You need to get off at the bus station in La Laguna (*after* the stop at the airport, this will be the next stop). From there, follow the directions above.

**Missed the bus? What now?** Bus 77 leaves La Laguna at 10:15 a.m. in direction of El Bailadero. From the bus stop "Cruce de Afur" at the junction with the road to Afur, you can walk down to the village being able to arrive there around noon for our second meeting point, **point B** (the elevation difference between the bus stop and the village is 600m).

**Return:** The last bus of line 246 leaves Roque de las Bodegas around 8:20 p.m. in direction of Santa Cruz. From there, you have connecting busses to Puerto de la Cruz.

### **By bus to the Picnic in Roque de las Bodegas:**

Bus 246 in direction of Taganana/Almáciga leaves the bus station in Santa Cruz at 2:15 p.m. or at 5:05 p.m., reaching Roque de las Bodegas (**point C**) at 3 p.m. or 5:50 p.m., respectively.

### **By car to Taborno or Afur:**

For the hiking tour, we recommend you to come by bus, as the tour does not end at its origin. If you still would like to come by car, you will need someone who brings you back to Taborno or Afur after the picnic, as there are no bus connections at this time.

You need to leave highway TF-5 between La Laguna and Santa Cruz at exit 8, following the signs in direction of Tegueste/Anaga. Later, follow the signs to "Las Mercedes" in order to get onto the road into the Anaga mountains (TF-12). Follow this road, until you reach the junctions to Taborno or Afur. From there, just go down to the respective village. In both cases, the meeting point is where the bus turns.

### **By car to Taganana:**

In Santa Cruz, follow the road along the coast (Avenida de Anaga) passing by Plaza España in direction north-east. The road passes by the harbor and goes to "Las Teresitas" and "San Andrés". At the end of the highway, before entering the village of San Andrés, take a left in direction of Taganana. This road crosses the Anaga range, passes by Taganana in direction of Almáciga until you reach the beach at Roque de las Bodegas (**point C**), first beach on the northern side of the island.



### General advice for the hiking tours:

The trips chosen for our program should be feasible for most of you. Still, they are hiking trips and not promenades. For this reason, please respect the following points:

**Footgear:** Even though most of our trips will be doable with sport shoes, we highly recommend you to wear hiking boots to lower the risk of injury.

**Sun protection:** It will be important to wear a hat, and if the temperatures allow for it, long sleeves as well. Apart from this, protect yourself with sunscreen or, additionally, with sun protection capsules (e.g. Heliocare) that can be obtained in pharmacies.

**Provisions:** Per person, you should take at least 1.5 to 2 litres of water with you, and 2.5 to 3 litres for the long variant to the Paisaje Lunar on September 1. You should also take food for picnics and snacks along the way.